

**Mildred Eagle Meet Schedule
High School
Running order JVG, VG, JVB, VB
March 9, 2023**

12:30 - 1:00 Scratch Meeting in Lane Gym

1:15 3200

1:15 Field Event Rotation (West end is scoreboard end, East end is field house end)

Triple jumps are inside the track on the visitor sideline.

Long jumps are behind the visitor stands.

Triple Jump (West)	JVG, VG
Triple Jump (East)	JVB, VB
Long Jump (West)	JVG, VG
Long Jump (East)	VB, JVB
High Jump	VG, JVB, VB, JVG
Pole Vault	JVG & VG followed by JVB & VB
Shot Put	VB, VG, JVB, JVG (4K and 12LB)
Discus	JVG, JVB, VB, VG (1K and 1.6K)

3:30 Rolling Schedule (Timed Finals)

400m Relay JVG/VG/JVB/VB
800m Run JVG/VG/JVB/VB
100m Hurdles JVG/VG (33")
110m Hurdles JVB/VB (39")
100m Dash JVG/VG/JVB/VB
800m Relay JVG/VG/JVB/VB
400m Dash JVG/VG/JVB/VB
300m Hurdles JVG/VG/JVB/VB (30" G / 36" B)
200m Dash JVG/VG/JVB/VB
1600m Run JVG/VG/JVB/VB
1600m Relay JVG/VG/JVB/VB

Starting Heights (Tentative)

	Pole Vault	High Jump
JVG -	7'	4'2"
VG -	7'	4'6"
JVB -	8'	5'2"
VB -	9'	5'6"

